

Contact Information

Phone 703 801-4800
 E-Mail herndons@comcast.net
 Address Ashburn, VA

Personal Information

Height 5'7"
 Weight 135
 Birthdate 10/4/1994

**Committed to
 James Madison**



Forward Midfield



Ashley is a superb natural athlete. Her strengths are her athleticism, field awareness, distribution skills and finishing ability. She has a dominant right foot, strong left foot, and excellent speed. Ashley plays predominantly on the forward line but also plays in the midfield, splitting time between the center and the right wing. Ashley is one of the primary players for corner kicks and free kicks. Ashley is one of the Heat's two team captains.

Academics

High School Stone Bridge High School, Ashburn, VA
 Graduation Year 2013
 GPA/Test Scores 3.6

Soccer

Club VSA Heat 94 Blue (2005-present)

- Virginia State Cup champions, 2007, 2009, 2011
- Region 1 champions, 2007, Region 1 semi-finalist, 2009
- Region 1 Premier League South Div Champs, 2009, 2010, 2011
- Top flight champions
 - Jefferson Cup (Richmond, VA), Disney Showcase (Orlando, FL), WAGS Cup (Washington, DC), Mead CUSA Cup (Dayton, OH), and FC Delco Cup (King of Prussia, PA)
- USYS National League 2009-2012

High School Stone Bridge High School, Ashburn, VA

- Varsity Soccer, 2010, 2011
 - AAA State Champions, 2010
 - 1st Team All-State (Virginia AAA), 2011
 - 1st Team Washington Post All-Met, 2011
 - 1st Team All-Northern Region, 2011
 - 2nd Team Washington Post All-Met, 2010
 - 2nd Team All-Northern Region, 2010
 - 1st Team All-District, 2010, 2011
 - Stone Bridge season scoring record (29 goals), 2010
 - Leading Scorer – Liberty District, 2010
 - Leading Scorer – AAA Northern Region, 2010
- Varsity Basketball, 2010-2012
 - Team Captain 2011/2012

Other DC United Women's Soccer

- United Soccer Leagues (USL) W-League, 2011

ODP

- District/State Player, 2007-2008

Futsal

- US Futsal Northeast Region champions, 2009

References

Club Steve Smith, fccards@msn.com, 703 850-2578
 Gus Donolo, gusdonolo@soccerfrombrazil.com, 301 996-4625
 High School Joan Windows, Stone Bridge H.S., joan.windows@loudoun.k12.va.us, 571 252-2210

