



Heat Girls Making Waves in High School Soccer

HAYMARKET, Va., June 12, 2010 -- The VSA Heat Blue has been a force in Virginia club soccer for several years, and now they are making a splash on the metropolitan area high school scene. Of the two sophomores and sixteen freshmen on the Heat, thirteen earned All-District or All-Conference honors in their respective leagues, with three also being selected for All-Region honors. Six players earned All-Area honors, including three being named to prestigious Washington Post All-Met teams.

Fifteen Heat players started for their respective varsity teams, one at keeper, four on defense, seven in the midfield, and three at forward. Six players led their teams in goals scored and five players led their teams in assists. The players as a whole tallied 141 goals, dished out 112 assists, and recorded 74 saves. Two players led their leagues in scoring and one player led her region. Two players were named team Most Valuable Player, one was named Impact Player of the Year and one was named Defensive MVP. One player was named District Player of the Year, one player was named State Player of the Year for a private school league, and one was named "Standout Freshman of the Year" for her state.

"It is a pleasure to work with these girls," said Gus Donolo, VSA Heat Blue head coach. "Their drive to succeed and passion for the game is truly impressive. I can only imagine what they will do as upper classmen."